# LESSON 13 "PERSEVERANCE" (page 1)



#### **BIBLE CONNECTION**

1 Kings 19:1-21 (pages 379-380)

#### **CHARACTER WORD**

<u>Perseverance</u> - Continuing on regardless of obstacles or circumstances

#### **TEACHING OBJECTIVE**

God will give me strength to persevere in difficult times.

#### **MEMORY LINK**

#### Philippians 4:13

"I can do all things through Christ who strengthens me." (KBC Study Bible pg. 1298)

#### SUPPLIES NEEDED THIS WEEK

**GET CONNECTED**None

#### MEMORY LINK ACTIVITY

Option 1: Long jump rope
Option 2: Memory Link Poster
cut into 10 pieces, timer

# **BIBLE CONNECTION**

None

#### SURF TEAM LEADER

Memory link cards, index cards, pens, Hang 10 pages

#### MAKE-IT-STICK REVIEW GAME

Option 1: Long jump rope, coin

Option 2: Balls, empty water bottles

# Elijah Experiences God

#### WHAT'S THE POINT?

Elijah saw God's power at work. He saw God provide food during the drought for himself and the widow. He saw God come in power to consume the sacrifice conquering the prophets of Baal. But when Jezebel threatened to chase down and kill Elijah, it was just too much. Elijah ran for his life. He became discouraged and wanted to give up. He needed a fresh experience with God in order to persevere and complete what God called him to do.

It is easy to relate to Elijah. The circumstances of life drag us down. We get tired and weary. We forget God's goodness and power. Often we feel like giving up. But God provides the strength we need to <u>persevere</u>, continuing on through the difficulties of life. The key is to tap into God's power, humbly acknowledging our need for His help in our lives.

For Christ followers, <u>perseverance</u> is not pulling up our boot straps and digging into our own strength. <u>Perseverance</u> means placing our trust and hope in Jesus to provide the strength we need to complete what He's called us to do. Only God can give the strength to <u>persevere</u> in difficult times. Call on Him. Ask Him to show you that you are not alone. He is with you and will help you finish the task He has for you.

#### **GET CONNECTED**

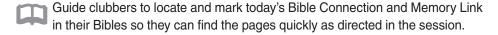


Building relationships in Surf Teams; introducing today's lesson

#### No supplies needed

Use the following conversation prompts to get to know the kids in your Surf Team and to introduce today's lesson.

- Tell about a time you wanted to give up but you didn't. What helped you keep going?
- Today's character word is <u>perseverance</u>, which means continuing on regardless of obstacles or circumstances.
- Share examples of situations that requires <u>perseverance</u>. (Finishing a school project, memorizing lines for the school play, etc)
- What might you say to a friend to encourage them to <u>persevere</u>?
- How can God help people persevere?



#### Worship Tip

Today's memory link, Philippians 4:13, is a well-known Bible verse. You can find a variety of kids' song options that include the words of Philippians 4:13 as lyrics. Search online music stores and select one your clubbers will enjoy. Download the audio or video versions depending on the technology you use in your club. Use the song not only in your worship time but also to set up the memory link teaching time. Scripture songs are a great way to worship God and help kids hide God's Word in their hearts.

#### **MEMORY LINK**



Teach a Bible verse to clubbers; help them memorize the verse

No supplies needed.

#### Focus on the Bible [11]

Explain that 13 of the New Testament books are letters written by the apostle Paul to churches or people. Guide kids to find the table of contents in their KBC Study Bibles (page vii). Draw attention to the New Testament books of Romans through Philemon. Point out Philippians in the table of contents. Explain that Philippians was a letter Paul wrote to the Christians who lived in the city, Philippi. Guide kids to find Philippians (page 1293) to discover what God told Paul to write in the letter.

#### Focus on today's Memory Link

Guide kids to find Philippians 4:13 in their KBC Study Bibles (page 1298) and read it aloud. "All things" doesn't mean things that are absurd, such as lifting a car over your head or memorizing every book in your school library. In Philippians, Paul was teaching about how to make it through suffering and difficult times. Through Jesus, God gives strength to persevere, or continue on regardless of obstacles or circumstances. Tell the If God asks you to do it, He will give you the strength to do it.

#### **Option 1 - JUMPING ROPE**

#### Long jump rope

Ask two volunteers to turn the rope. Allow kids to take turns jumping the rope, while the surf team recites one word of the memory link on each jump. Encourage kids who miss a jump to persevere and try again. Continue until everyone has a turn. Allow kids to jump with any variations they may have learned in school.

#### **Option 2 - JIGSAW JUMBLE**

#### Memory Link Poster cut into 10 pieces, timer

Mix up the memory link poster pieces and place them face down in the center of the group. When you say "go", kids will turn over the pieces, assemble the pieces and recite the verse together. Use a timer and repeat the activity, challenging kids to assemble the puzzle faster each time.

Variation: Secretly remove one piece. Kids will assemble the puzzle and identify words in the missing section.

# LESSON 13 "PERSEVERANCE" (page 2)

# Philippians 4:13

"I can do all things through Christ who strengthens me. ."

(KBC Study Bible pg. 1298)

# Teaching Tip

Record Keepers, it's time for a KiDs Online Management System check up! Double-check your kids' information to make sure you have complete information on everyone. Behind on your date entry? Ask a friend to help you catch up this week. Need tech support? Contact your local KBC representative or call the KBC corporate office.

©Copyright 2016 KiDs Beach	Club® is a registered t	trademark. All rights reserved	d.

#### **BIBLE CONNECTION**



LESSON 13
"PERSEVERANCE"
(page 3)

Teaching today's character word through gospel-centered Bible story

No supplies needed

#### **Introduce the Story**

Whisper to the kids a few introductory comments and welcome. Continue whispering as you lead the kids in the following discussion. When do people sometimes whisper? (near a sleeping baby, in a library) What makes it difficult to understand someone who is whispering? (when it's noisy) What can you do to better hear a whisper? (listen carefully, be still). Whisper to the kids that today's story involves a whisper. Tell them to listen carefully to the story to find out who whispered. Continue the lesson in your regular voice.

# 1 Kings 19:1-4 🛄

Guide the kids to find 1 Kings 19:1-4 in their KBC Study Bibles (page 379). Ask them to identify 3 names: **Ahab**, the king of Israel; **Jezebel**, Ahab's wife; **Elijah**, God's prophet. *Jezebel worshipped Baal and was furious that Elijah had destroyed all the prophets of Baal with God's power. She sent a message to Elijah saying she would send men to hunt him down and kill him. Elijah forgot how God had protected him in the past. Elijah didn't ask God what to do. He simply took off running for his life. He ran all day as far as he could until he was exhausted.* 

#### 1 Kings 19:5-8

Elijah sat down under a tree. He was discouraged. He felt alone. He was tired of fighting against Ahab and Jezebel. He was tired of running. He prayed and told God that he wanted to die. Finally, Elijah fell asleep. An angel gently woke Elijah up, leaving him something to eat and drink. Elijah ate and fell back asleep. A second time an angel woke up Elijah and left him food. Elijah ate and continued in the strength of that food for 40 days and 40 nights. God helped Elijah persevere by giving him food to strengthen him for the long journey.

#### 1 Kings 19:9-10

After 40 days and 40 nights in the wilderness, Elijah came to a cave and spent the night there. While he was there, Elijah heard God's voice ask him, "What are you doing here, Elijah?" Elijah complained to God saying, "I have done everything for you, God. No one is left who loves and obeys you. I am the only one. Now Jezebel wants to kill me."

#### **Talk About It**

Are there times you have been discouraged and felt all alone? Have you ever felt there was no way out of a difficult situation? That's exactly how Elijah felt. He wanted to give up. Today's character word, <u>perseverance</u>, is the opposite of giving up. Elijah knew he didn't have the strength on his own to finish what God asked him to do. He needed God to give him the strength to <u>persevere</u>.

#### 1 Kings 19:11-18

God commanded Elijah to go out onto the mountain. Ask a volunteer to read 1 Kings 19:11-12 (page 379). Explain that God showed Elijah his great power by sending a strong wind, an earthquake, and a fire. God revealed himself to Elijah in a still small voice, like a whisper. Elijah covered his face and went out to listen to God's voice.

## **Teaching Tip**

Keep the actions of the people in your Bible story in mind and reflect that in your body movement as you tell the story. How can you use the space around you and make your movement count? Consider getting close to clubbers, far away, stand on a chair, crouch down low, move quickly or move slowly. Reflect shifts in the story with your body movement. Stand to the left or the right to distinguish between two different people. Make your movements bigger than life to bring the action in the story to life.

God asked again, "What are you doing here, Elijah?" Elijah replied the same way. This time, God gave Elijah a job to do. He was to find and anoint 3 different men who were chosen by God. God reassured Elijah that he was not alone, telling him there were 7000 people in Israel who still loved and obeyed God.

God provided food and strength for Elijah. God showed Elijah His power. God revealed His presence with Elijah. God told Elijah His plan. God helped Elijah know he was not alone. When things got difficult and Elijah felt like giving up, God gave him the strength to <u>persevere</u>.

#### 1 Kings 19:19-21

Elijah <u>persevered</u> and continued doing what God told him to do. He found Elijah, whom God had selected to be a helper for Elijah. Elisha left everything to go with Elijah and obey God.

#### **Gospel Connection**

Did you discover who whispered in today's story? It was God who whispered! God used a still small voice to speak encouragement to Elijah's heart. God still speaks softly to people's hearts, sharing His most important message, which is how to have a relationship with Him through Jesus. It's a message of hope that God loves you, even when that seems impossible because you are separated from God by sin. God made the impossible possible by sending Jesus to pay for your sin. You can ADMIT you are a sinner, separated from God. You can ASK God for forgiveness from sin and turn away from your sin. You can BELIEVE that Jesus is who He says He is, trusting Him to be your Savior and Lord. You can CHOOSE TO FOLLOW Jesus and commit your life to Him.

Invite children wanting to know more about becoming a Christian to move to the designated counseling area to meet with a leader one-on-one.

#### **Application/Transition**

Elijah felt like he was the only one standing up for God. It was difficult for him to <u>persevere</u> when he felt alone. But God told Elijah there were 7,000 people who still loved and obeyed God. Knowing he was not alone helped Elijah <u>persevere</u> and keep living for God even when it was difficult.

Sometimes at school, you may feel like the only person who wants to live God's way. But look around at all the other kids in Beach Club today. None of you are alone. Together you can <u>persevere</u> and honor God even when it's hard.

Guide kids to find the last tip-in page in their KBC Bibles (before the back cover). Read the bulleted list of ways to make Jesus cool at school. Challenge the kids to <u>persevere</u> together by doing the things on the list. Encourage kids to bring a new friend with them to beach club next week.

#### **Gospel Tip**

While not every Bible story contains a direct gospel connection, be reminded that everything in the Old Testament points to Jesus in the New Testament. The Old Testament truths about God's character lay foundations of faith. Seeing God's grace in Elijah's life gives hope for God's grace in the lives of people today. Discouragement and hopelessness are real struggles, even for kids. Help kids understand that because of Jesus there is true and lasting hope for today and for eternity.

# LESSON 13 "PERSEVERANCE" (page 4)

## Teaching Tip

Keep a few "moving activities" in mind that you can use on the spot if you sense the kids need to get out the wiggles. Moving activities can be used as transitions or to regain attention. The moving activity can be as simple as allowing the kids to stretch, complete 5 jumping jacks or give 5 fist bumps to friends in the room. Before you say "go", ensure you can maintain control by telling the clubbers what you want them to do when they finish moving as directed.

#### **SURF TEAM TIME**

5-10 MINUTES

LESSON 13
"PERSEVERANCE"
(page 5)

Connecting with kids in small groups; applying today's Bible Connection and Character Word

Memory Link Cards, Hang 10 page, Index cards, pens

#### **Gospel Connection**

Before you begin, ask if there are any clubbers who would like to talk with the Bible Connection Leader about praying to ask Jesus to become their Forever Friend. If so, let them go to the designated area.

#### **Today's Lesson**

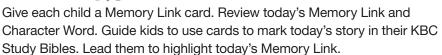
- What questions do you have about today's story?
- Why was Elijah discouraged? Why did he want to give up? How did God strengthen Elijah and help him <u>persevere</u>?
- Tell about times you have felt discouraged.
- How can you persevere with God's help?
- How does having a relationship with Jesus give you hope and help you persevere in difficult times?

#### **Prav**

Encourage kids to write prayer requests on index cards. Lead the kids in prayer. Take the cards home and pray for kids during the week.

Dear God, when I am feeling weak, tired or discouraged, please help me to remember that I am not alone. Thank you that you provide strength to <u>persevere</u> through Jesus. Amen.

# Use the Bible



#### Hang 10 Pages

Give each child a Hang 10 Page. Challenge kids to hang out with God 10 minutes each day by praying and reading the Bible, using the Hang 10 page as a guide. Encourage kids to bring back their Hang 10 pages next week.

## More at Home

Draw kids' attention to the tip-in page "Bible Verses to Help When You Feel..." in their KBC Study Bibles (between pages 818-819). Explain that feelings like sadness, anger, and hopelessness can make people feel like giving up. Remind kids that God's Word contains encouragement that can help them <u>persevere</u> in difficult times. Encourage kids to read the verses on these pages when they feel discouraged and need God's strength to <u>persevere</u>.

# **Teaching Tip**

Sharing from your personal experience is a great way to help kids understand and apply what they are learning about God. For example, today's lesson is about perseverance in the face of discouragement. You may want to tell the kids in your surf team a personal account of a time you felt discouraged and drew strength from God to persevere. When sharing personal examples with kids, keep your stories short, leave out details that are not age-appropriate and make sure it's something kids can relate to.

#### **MAKE IT STICK - REVIEW GAME**

Game to review today's Bible Connection & Character Word



# LESSON 13 "PERSEVERANCE" (page 6)

#### **Option 1 - JUMP OVER IT**

Long jump rope, coin

Stretch out the jump rope along floor. Tell kids to line up along one side of the rope. Ask a child a review question. If the child does not know the answer, call on a different child. Once the question has been answered correctly, say "go" signalling the kids to jump back and forth across the rope. The child who correctly answered the question will say "freeze" to signal the jumping kids to stop jumping. Flip a coin. If the coin lands on "heads", kids standing on the right side of the rope will get a point. If the coin lands on "tails", kids standing on the left side of the rope will get a point. Ask another review question and continue play.

#### **Option 2 - BOWLING BATTLE**

Balls, empty water bottles

Place the empty water bottles along one end of the room. Guide Surf Teams to line up single file several feet away from the water bottles. Give each line a ball. The first player in each line will answer a review question. If they answer correctly, they may roll the ball and attempt to knock down the water bottle. Award a point each time a water bottle is successfully knocked over. Players will move to the back of the line after each turn, allowing the next child to answer a question and play. The team with the most points at the end of play wins.

#### **REVIEW QUESTIONS**

- 1. What is today's character word? (Perseverance)
- What does <u>perseverance</u> mean? (Continuing on regardless of obstacles or circumstances)
- 3. Why was Elijah discouraged? (Because Jezebel wanted to kill him; he was running for his life)
- 4. Who gave food to Elijah and how long did it sustain him? (An angel; 40 days and 40 nights)
- 5. Name one of the ways God showed his power to Elijah. (wind, earthquake, fire)
- 6. How did God speak to Elijah? (in a still small voice, like a whisper)
- 7. How many people continued to worship God, showing Elijah he was not alone? (7,000 people)
- 8. Where does the strength to persevere come from? (God)
- What is something you can say to a friend to encourage them to <u>persevere</u>?
   (Answers will vary)
- 10. Recite today's memory link. (I can do all things through Christ who strengthens me. Philippians 4:13)

# **Teaching Tip**

Remember that two adults much stay at the school until the last child is picked up. Keep your permission forms handy in the event you need to contact a parent. If it's getting late and a parent has not been reached, contact your KBC Field Representative for advising. Never give a child a ride home in your vehicle. Review KBC's Child Protection Policy in your KBC Leadership Manual on pages 52-57.



# "I can do all things through Christ who strengthens me."

Philippians 4:13
KBC Study Bible page 1298