

August 16, 2015  
**“Dealing With Cantankerous People”**  
**(Ephesians 4:30-5:2)**

Do you imagine that bitter, cantankerous people have no idea that their \_\_\_\_\_ is an \_\_\_\_\_ against God?

Sigmund Freud had little \_\_\_\_\_ for the common person.

***“I have found little that is good about human beings on the whole. In my experience most of them are trash, no matter whether they publicly subscribe to this or that ethical doctrine or none at all.”***

**- Sigmund Freud -**

As for those who have a problem with bitterness and resentment, all we can do is keep on \_\_\_\_\_ them until they change.

Followers of Christ are to get rid of 6 vices. The 6 vices are:

- |    |    |
|----|----|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Anger can lead to real \_\_\_\_\_.

A person’s risk of having a heart attack increases nearly \_\_\_\_\_ within \_\_\_\_ hours of having an angry outburst!

It isn’t just heart attacks. The risk of \_\_\_\_\_ increases by more than \_\_\_\_ times!

**We know these 6 vices are our enemies...But how do we get rid of them?**

Well, **We begin by choosing the right \_\_\_\_\_**.

Your choice of a role model tells a lot about \_\_\_\_\_.

Role Models can be either \_\_\_\_\_ or \_\_\_\_\_, but still they are important.

Role models are important for young people. Of course, their best role models should be their \_\_\_\_\_!

But \_\_\_\_\_ need role models too!

**\*Very important point:** *If you want to be \_\_\_\_\_ than you are right now, spend time in the company of someone who embodies the virtues you would like to acquire. Or be a \_\_\_\_\_ and role model to someone else who is just beginning the journey!*

**If you choose a spiritual role model, it will have to be \_\_\_\_\_!**

The best way to rid yourself of bitterness, anger and resentment is to make a conscious \_\_\_\_\_ to pattern your life after Jesus.

Learn to \_\_\_\_\_ Christ!

Be filled with the Holy Spirit, and seek after a life of \_\_\_\_\_!

This is our challenge for the day: Get rid of all **bitterness, rage, anger, brawling, slander and malice.**

Replace them with **kindness, compassion and forgiveness!**

Let Christ be your role model!

Live and love as He did and begin a new life with Him, through the Holy Spirit dwelling in your heart and life!