August 18, 2024 "Living Bread!" (John 6:51-58)

| According to Andy Rooney, the two biggest sellers in any |
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| bookstore are the and the books! |
| A major in our understanding of disease and prevention has come with a new conception of the role of the! |
| One of the key troublemakers in our guts is "!" |
| Yeast is a member of the family. |
| There are over species of yeast! |
| Yeast can be, but they can also be! |
| Often in Hebrew Scriptures, or yeast would be symbolically referred to as " !" |
| Jesus used the metaphor of yeast in both and ways. |
| Whether one chooses to negative or positive characteristics in their life became of utmost importance! |
| It wasn't the "yeast" itself that was the issue. It was what "" of yeast you put into your life that made the difference! |
| The same as today, yeast could be bad or good, depending on the kind you harbored in your (or in your and)! |
| When Jesus is talking about the " Bread," he is talking about "Bread filled with!" |
| (over) |

| He's talking about good yeast! Kingdom yeast! The kind you want to and propagate (reproduce)! |
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| Jesus tells us that he will give his own in sacrifice for us! |
| Because of this, we do not mourn but the "Living Bread" of his eternal! |
| We just need to "" together! |
| "Abide" in Hebrew, means to, remain, or endure, and especially, to "!" |
| We make God our home. We co with God! |
| When we ourselves with the life-giving "bread" of Jesus, we exude his to everyone we encounter! |
| In doing that, we (reproduce) the kingdom Jesus intended! |
| The best sign that a church is filled with life? It has the ability to! |
| with Jesus ensures a church's reproductive power! |
| May we allow His life-giving Holy Spirit to "" our bodies, releasing their multiplying energy with us and within body, the Church! |

PASS THE BREAD, PLEASE!

May His life-giving force abide among you, with you, and within you, now and always!